

Tuesday	Wednesday	Thursday	Friday
--- Entrees --- Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat Fully Cooked Whole Grain Home-Style Breaded Chicken Nuggets Carbs: 9 * Soybeans, Wheat --- Sides --- Roasted Broccoli Carbs: 7 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 Assorted Fresh Fruit Cherry Tomato Cup Carbs: 3 Cucumber Slices Carbs: 1	--- Entrees --- Cheesy Rotini with Meatballs/ES&MS Carbs: 45 * Milk, Soybeans, Wheat Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat --- Sides --- Cherry Tomato Cup Carbs: 3 Cherry Tomato Cup Carbs: 3 APPLESAUCE, STRAWBERRY BANANA UNSWEETENED SS PLASTIC CUP Carbs: 14 Assorted Fresh Fruit	--- Entrees --- Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Pancakes, Whole Grain or Whole Grain-Rich Carbs: 26 * Milk, Soybeans, Eggs, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat Pizza, Domino's Smart Slice ES Carbs: 28 * Milk, Soybeans, Wheat --- Sides --- Romaine Boats Carbs: 10 * Soybeans, Wheat Apple Pie Fruit Salad Carbs: 19 Roasted Chickpeas ES/MS Carbs: 24 Assorted Fresh Fruit Cherry Tomato Cup Carbs: 3	--- Entrees --- Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat Pizza, Domino's Smart Slice ES Carbs: 28 * Milk, Soybeans, Wheat --- Sides --- Romaine Boats Carbs: 10 * Soybeans, Wheat Apple Pie Fruit Salad Carbs: 19 Roasted Chickpeas ES/MS Carbs: 24 Assorted Fresh Fruit Cherry Tomato Cup Carbs: 3

Tuesday	Wednesday	Thursday	Friday
--- Sides --- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- French Fries, 5/16" Thin Regular Cut Frozen Seasoned Potatoe Carbs: 20 * Wheat --- ---- Milk ---- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Sides --- Biscuit, Baked Mini WG 1 oz ES TWP Carbs: 11 * Milk, Wheat --- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- Italian Green Beans ES/MS Carbs: 1 --- --- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Sides --- Apple Juice 100% Carbs: 15 --- SAUSAGE, TURKEY PATTY 1.03 OZ SEASONED CKD FZN TWP --- --- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Sides --- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- --- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---

Monday	Tuesday	Wednesday	Thursday	Friday
--- Entrees --- Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat Grilled Cheese ES/Preschool Carbs: 33 * Milk, Soybeans, Wheat --- Sides --- Celery, Raw, Sticks Carbs: 2 ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23 Campbell's Classic Condensed Tomato Soup TWP Carbs: 20 * Wheat Assorted Fresh Fruit	--- Entrees --- Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Soybeans, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat Doritos Taco in a Boat with Turkey Taco Carbs: 23 * Milk, Soybeans --- Sides --- RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32 CRAISINS CHERRY FLAVORED POUCH Carbs: 28 Assorted Fresh Fruit Cherry Tomato Cup Carbs: 3 Black Bean and Corn Salad Carbs: 28	--- Entrees --- Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Soybeans, Wheat Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat Sweet and Sour Chicken Carbs: 26 * Milk, Soybeans, Wheat --- Sides --- BROCCOLI, FRESH Carbs: 6 Assorted Fresh Fruit Cherry Tomato Cup Carbs: 3 Strawberries with Whipped Topping Carbs: 40 * Milk Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	--- Entrees --- Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Turkey and Cheese Hoagie ES/MS Carbs: 30 * Milk, Soybeans, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat Jake's Pizza Carbs: 51 * Milk, Soybeans, Wheat --- Sides --- Sidekicks Frozen BlueRaspberry-Lemon Carbs: 23 Assorted Fresh Fruit Cherry Tomato Cup Carbs: 3 Tossed Salad Carbs: 6 Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	

Monday	Tuesday	Wednesday	Thursday	Friday
---- Sides ---- Cherry Tomato Cup Carbs: 3 --- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- Cucumber Slices Carbs: 1 --- BROCCOLI, FRESH Carbs: 6 --- ---- Milk ---- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	---- Sides ---- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- Mexicali Corn TWP Carbs: 26 * Wheat ---- Milk ---- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	---- Sides ---- Ore Ida® Reduced Sodium Tater Tots® 6x5 LBS Carbs: 17 --- ---- Milk ---- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	---- Sides ---- ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23 --- BROCCOLI, FRESH Carbs: 6 --- ---- Milk ---- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	---- Sides ---- Carrots & Celery Carbs: 7 * Milk, Eggs --- ---- Milk ---- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---

Monday	Tuesday	Wednesday	Thursday	Friday
--- Entrees --- Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat PREMIUM THREE CHEESE CAVATAPPI PASTA 3 WAY 3-Way FZN (ES/MS) Carbs: 27 * Milk, Eggs, Wheat --- Sides --- Celery, Raw, Sticks Carbs: 2 Assorted Fresh Fruit Cherry Tomato Cup Carbs: 3 Biscuit, Baked Mini WG 1 oz ES TWP Carbs: 11 * Milk, Wheat	--- Entrees --- Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat Cheese Quesadilla Carbs: 30 Black Bean and Corn Salad Carbs: 28 Mexicali Corn TWP Carbs: 26 * Wheat RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32 Assorted Fresh Fruit Cherry Tomato Cup Carbs: 3	--- Entrees --- Tyson® NAE, Fully Cooked, Whole Grain Breaded Golden Crispy Carbs: 14 * Soybeans, Wheat Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat French Fries- 5/16" Extra Long Cut TWP Carbs: 22 Assorted Fresh Fruit Cherry Tomato Cup Carbs: 3 Tossed Salad Carbs: 6 Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	--- Entrees --- Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Chicken and Waffles ES Carbs: 18 * Milk, Soybeans, Eggs, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat Bosco® Whole Grain Reduced Fat Cheese Stuffed Breadsticks Carbs: 25 * Milk, Wheat --- Sides --- Mashed Sweet Potatoes ES/MS Carbs: 41 Assorted Fresh Fruit Cherry Tomato Cup Carbs: 3 Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 Carrots & Celery Carbs: 7 * Milk, Eggs	--- Entrees --- Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat Bosco® Whole Grain Reduced Fat Cheese Stuffed Breadsticks Carbs: 25 * Milk, Wheat --- Sides --- Cherry Tomato Cup Carbs: 3 Cherry Tomato Cup Carbs: 3 Assorted Fresh Fruit Blueberries with Whipped Topping Carbs: 10 * Milk Carrots, Baby, Fresh, Individually Wrapped Carbs: 6

Monday	Tuesday	Wednesday	Thursday	Friday
---- Sides ---- APPLESAUCE, RASPBERRY BLUE SS PLASTIC CUP Carbs: 14 --- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- BROCCOLI, FRESH Carbs: 6 BROCCOLI, FRESH Carbs: 6 --- Pizza Green Beans Carbs: 7 --- ---- Milk ---- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	---- Sides ---- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- ---- Milk ---- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	---- Sides ---- Baked Apples Carbs: 19 * Soybeans --- ---- Milk ---- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	---- Sides ---- Strawberries with Whipped Topping Carbs: 40 * Milk --- ---- Milk ---- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	---- Sides ---- Romaine Boats Carbs: 10 * Soybeans, Wheat --- Red Gold Marinara Sauce 2.5oz Carbs: 7 --- ---- Milk ---- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---

Monday	Tuesday	Wednesday	Thursday	Friday
--- Entrees --- Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Sandwich, English Muffin Egg American Cheese IW FZN Carbs: 24 * Milk, Eggs, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat --- Sides --- Celery, Raw, Sticks Carbs: 2 Assorted Fresh Fruit Bell Pepper Strips w/ Dip Carbs: 3 * Milk, Eggs Baked Apples Carbs: 19 * Soybeans Cherry Tomato Cup Carbs: 3	--- Entrees --- Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat Doritos Taco in a Boat with Turkey Taco Carbs: 23 * Milk, Soybeans --- Sides --- CRAISINS CHERRY FLAVORED POUCH Carbs: 28 RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32 Black Bean and Corn Salad Carbs: 28 Assorted Fresh Fruit Cherry Tomato Cup Carbs: 3	--- Entrees --- Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Hot Dog ES Carbs: 26 * Soybeans, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat Ore Ida® Reduced Sodium Tater Tots® 6x5 LBS Carbs: 17 Sidekicks Frozen BlueRaspberry-Lemon Carbs: 23 Assorted Fresh Fruit Cherry Tomato Cup Carbs: 3 Pretzel, 51% Whole Grain Baked Rod-10Z/180 TWP Carbs: 1 * Wheat	--- Entrees --- TWP Chicken Snack Wrap Carbs: 29 * Milk, Soybeans, Wheat Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat --- Sides --- CRAISINS CHERRY FLAVORED POUCH Carbs: 28 SWEET POTATO FRIES 7/16" CRINKLE-CUT XLONG FZN TWP Carbs: 23 Assorted Fresh Fruit Cherry Tomato Cup Carbs: 3 Chickpea Salad Carbs: 8	--- Entrees --- Jake's Pizza * Milk, Soybeans, Wheat Cheese Hoagie ES Carbs: 30 * Soybeans, Wheat Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat Yogurt Munchable Carbs: 57 * Milk, Wheat Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat --- Sides --- Fruit Cocktail, Canned, Extra Light Syrup Carbs: 7 Assorted Fresh Fruit Cherry Tomato Cup Carbs: 3 Tossed Salad Carbs: 6 Carrots & Celery Carbs: 7 * Milk, Eggs

Monday	Tuesday	Wednesday	Thursday	Friday
---- Sides ---- McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 13 --- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- BROCCOLI, FRESH Carbs: 6 --- ---- Milk ---- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	---- Sides ---- Mexicali Corn TWP Carbs: 26 * Wheat --- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- ---- Milk ---- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	---- Sides ---- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- ---- Milk ---- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	---- Sides ---- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13 --- ---- Milk ---- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	---- Sides ---- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- ---- Milk ---- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Strawberry, Fat Free Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---

Monday

--- Entrees ---

FARM RICH WHOLE
GRAIN RICH CHEESY MAC
BITES 6/5#
Carbs: 19

* Milk, Wheat

Cheese Hoagie ES
Carbs: 30

* Soybeans, Wheat

Peanut Butter Munchable
ES/MS
Carbs: 46

* Milk, Peanuts, Wheat

Turkey and Cheese Hoagie
ES
Carbs: 30

* Milk, Soybeans, Wheat

Yogurt Munchable
Carbs: 57

* Milk, Wheat

Chef Salad ES
Carbs: 51

* Soybeans, Eggs, Wheat

--- Sides ---

Celery, Raw, Sticks
Carbs: 2

Assorted Fresh Fruit

Cherry Tomato Cup
Carbs: 3

Roasted Broccoli
Carbs: 7

Carrots, Baby, Fresh,
Individually Wrapped
Carbs: 6

Tuesday

--- Entrees ---

Cheese Hoagie ES
Carbs: 30

* Soybeans, Wheat

Peanut Butter Munchable
ES/MS
Carbs: 46

* Milk, Peanuts, Wheat

Turkey and Cheese Hoagie
ES
Carbs: 30

* Milk, Soybeans, Wheat

Yogurt Munchable
Carbs: 57

* Milk, Wheat

Chef Salad ES
Carbs: 51

* Soybeans, Eggs, Wheat

Cheese Quesadilla
Carbs: 30

--- Sides ---

Black Bean and Corn Salad
Carbs: 28

Assorted Fresh Fruit

Cherry Tomato Cup
Carbs: 3

Mexicali Corn TWP
Carbs: 26

* Wheat

Carrots, Baby, Fresh,
Individually Wrapped
Carbs: 6

---- Sides ----

Romaine Boats

Carbs: 10

* Soybeans, Wheat

APPLE, SLICED IN WATER
TWP

Carbs: 13

BROCCOLI, FRESH

Carbs: 6

---- Milk ----

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D

Carbs: 34

* Milk

Milk, Strawberry, Fat Free

Carbs: 34

Milk, Lactose and Fat Free

* Milk

Milk, Non-fat, With Added
Vitamin A and Vitamin D

Carbs: 12

* Milk

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D

Carbs: 12

* Milk

---- Sides ----

RICE, BROWN LONG
GRAIN PARBOILED TWP

Carbs: 32

---- Milk ----

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D

Carbs: 34

* Milk

Milk, Strawberry, Fat Free

Carbs: 34

Milk, Lactose and Fat Free

* Milk

Milk, Non-fat, With Added
Vitamin A and Vitamin D

Carbs: 12

* Milk

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D

Carbs: 12

* Milk

-- Miscellaneous --

SOUR CREAM, CULTURED
ALL NATURAL SS TUBE

REF

Carbs: 1

* Milk
